



## **Covid-19 Safety Protocols for Blue Deer Center** rev. 8/2021

We are feeling the excitement of being able to welcome you to this Sacred Land. As we gather in person we all need to do everything we can to stay healthy and Covid free. We have created the following guidelines to support our program. Please take the time to read it carefully as you prepare for your arrival at Blue Deer Center. All of these guidelines apply equally to volunteers, staff and program participants or visitors.

**Everyone must take a COVID-19 test with negative results within the week before a residential program and email to [lindafelch@bluedeer.org](mailto:lindafelch@bluedeer.org)**

### **Accommodations:**

For accommodations couples will be sharing one room otherwise there will be one person per room.

**Hepa Air Purifiers:** Two Hepa air purifiers will be available for indoor dining and indoor treatment areas.

### **Masks and Spacing:**

**Masks Indoors:** We will be asking you to wear masks indoors at all times except when you are in your own room.

**Masks Outdoors:** When walking on the property outside at a safe distance (6 feet) from other people a mask is optional.

**Masks Around the Fire:** When we are sitting around the fire outdoors with adequate spacing (6 feet), masks are optional.

**Masks During Healing Treatment:** Masks are required at all times during a healing treatment. At the beginning of the session you and the healer will be at least 6 feet apart with masks on at all times. During the healing phase of the session you and the healer will be closer than 6 feet for a short time with masks on.

## **Meals**

We will be eating catered meals for breakfast, lunch and dinner outdoors or indoors. You will have the option to sit separately if you prefer.

Please wear masks while getting food. Hand sanitizer will be available.

## **Kitchen**

We ask people to sanitize or wash hands before touching anything in the kitchen or helping with setting-up or cleaning-up or doing dishes.

**If you are flying or driving please follow all recommended precautions for your protection and everyone's as we come together. Please follow any posted instructions regarding COVID19 precautions.**